

Rotina diária (ações habituais) – Simple Present

Things we do every day



I wake up



get up



go to the
bathroom



have a shower



have breakfast
/ˈbrekfəst/



listen to the
radio /ˈlɪsən/



go to
work



come home



make dinner



phone (or call)
a friend



watch TV



go to bed

Sometimes I ...



wash clothes /ˈkləʊðz/



clean the house



go for a walk



write letters

Questions about everyday things

How often do you read the newspaper / watch TV? Three times a week / every day, etc.

What time do you get up / go to work? Seven o'clock. / Half past eight. etc.

How do you go to work? By bus/train/car, etc.

Usually/normally (what I do typically)

We say I usually/normally get up at eight o'clock, *but* today I got up at eight-thirty.

[NOT I-used-to / I'm-used-to-get-up at eight o'clock!]

Exercises

Write the answers for yourself.

- 1 I usually wake up at
- 2 I go to the bathroom and have
- 3 I usually have for breakfast.
- 4 I go to work by
- 5 I usually have a cup of tea/coffee at o'clock.

What do they usually do?

- 1 He ... *listens to the radio every morning*



2



She w..... (every Saturday)

3



He c..... (every weekend)

4



He w..... (every evening)

5



She g..... (every Sunday)

Ask questions.

topic	question	answer
1 get up	What time do you get up?	Seven-thirty, usually.
2 go for a walk	How ...	Every Saturday.
3 go to work	How ...	By train.
4 have dinner	When ...	Between seven and eight o'clock, usually.

1. This is what Paul does every day. Look at the pictures and, using the Simple Present, write about Paul's daily routine.

- go to school by bus;
- have breakfast;
- have classes;
- do his homework;
- get up;
- go to bed;
- have a shower;
- have lunch.


